



# 2016 AAU Diving Red-White-Blue National Championships May 28-30, 2016 Rose Bowl Aquatics Center Pasadena, CA

- Facility:** Rose Bowl Aquatics Center  
360 North Arroyo Boulevard  
Pasadena, CA 91103
- Meet Host:** Coral Springs Diving
- Meet Directors:** Joelle Cabassol – [joelle@flipnrip.com](mailto:joelle@flipnrip.com)  
Kate Amsbry – [kateamsbry@gmail.com](mailto:kateamsbry@gmail.com)
- Entry Fees:** \$125.00 per athlete (**Entry fees are NON-REFUNDABLE**)  
TEAM APPAREL INCLUDED IN ENTRY FEE  
FREE ADMISSIONS AND PARKING
- Entry Process:** The 2016 AAU Diving Red-White-Blue National Championship registration system will be online at [www.diveaau.org](http://www.diveaau.org). Registration link is COMING SOON.
- Entry Deadline:** **May 8, 2016 at 11:59 PM (Midnight) PDT**  
NO LATE ENTRIES WILL BE ACCEPTED
- Competition Format:** There will open warm-ups in the morning. Event specific warm-ups will be held before the each event.
- Admission:** No Admission Fee for 2016 RWB Championships
- Parking:** Parking will be available at the Rose Bowl Aquatics Center
- AAU Membership:** All athletes and coaches must have a 2016 AAU Membership before registering online; for athletes the fee is \$14 and for coaches the fee is \$16.
- You can no longer register for non-athlete (coach) membership onsite. Background screens are conducted for all non-athletes and adult athletes. Membership is no longer instant. BE PREPARED and register your coaches early! For more information, visit <http://bit.ly/1jkiUx6>**
- For more information on AAU Membership, or to purchase your athlete or non-athlete membership go to [www.aausports.org](http://www.aausports.org).

**Coaches Education:**

The AAU National Office is happy to announce to its members, FREE Coaches' Education for all **AAU Non-Athletes**. This exciting program is **MANDATORY** for all AAU Non-Athletes and will be administered by **Positive Coaching Alliance (PCA)**. Please visit [www.aausports.org](http://www.aausports.org) and click on JOIN NOW in order to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.

**Housing:**

The Host has worked with the local area hotels to provide a variety of hotels for the AAU Diving participants. Please visit [www.diveaau.org](http://www.diveaau.org) to view the list of hotels or [Click Here](#).

**Age Divisions:**

<ul style="list-style-type: none"> <li>• 9 and Under Boys and Girls (Group E)</li> <li>• 10 to 11 Boys and Girls (Group D)</li> <li>• 12 to 13 Boys and Girls (Group C)</li> <li>• 14 to 15 Boys and Girls (Group B)</li> <li>• 16 to 17 Boys and Girls (Group A)</li> <li>• 18 to 19 Boys and Girls (Group A)</li> <li>• 20+ Boys and Girls (Group A+)</li> </ul>	<ul style="list-style-type: none"> <li>• Events will use FINA Age-Groups listed on left.</li> <li>• Age is determined by December 31 of the year of the competition.</li> <li>• All age group divers remain qualified from the 1/1/2016 to midnight 12/31/2016 in the year of competition.</li> </ul>
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**SCHEDULE:**

[CLICK HERE](#) for Event Specific Schedule (After May 13, 2016)

**ALL ACTIVITIES LISTED BELOW ARE HELD AT THE ROSE BOWL AQUATICS CENTER**

**May 27, 2016**

Open Warm Up	9:00 AM – 6:00 PM
Athlete Check – In	12:00 PM – 6:00 PM
Coaches Meeting	6:00 PM

**May 28, 2016**

Open Warm Up	7:00 AM – 9:30 AM
Closed Warm Up	9:30 – 10:00 AM
Competition Begins	10:00 AM
Open Warm Up	Last Event – 6:00 PM

**May 29, 2016**

Open Warm Up	7:00 AM – 9:30 AM
Closed Warm Up	9:30 – 10:00 AM
Competition Begins	10:00 AM
Open Warm Up	Last Event – 6:00 PM

**May 30, 2016**

Open Warm Up	7:00 AM – 8:30 AM
Closed Warm Up	8:30 – 9:00 AM
Competition Begins	9:00 AM

**NOTE: All Events are Finals-only**

**AWARDS:**

All registered athletes will receive Team Apparel.  
Top 12 in each event will receive awards.

**COACHES MEETING:**

May 27, 2016 at 6:00PM, Rose Bowl Aquatics Center

**MORE****INFORMATION:**

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